



Daring Circles is designed to help individuals strengthen their daring leadership skill set so they can do brave work, have tough conversations and show up authentically as a leader. This unique peer learning and accountability program allows individuals to grow and stretch towards meaningful behavioral change in community with others.

Based on the research of Dr. Brené Brown, Dare to Lead™ is the ultimate playbook for developing brave leaders and courageous cultures. Daring Circles delivers the 24-hour Dare to Lead™ curriculum in a virtual format over 8 weeks PLUS it includes 1x1 coaching to create a powerful learning experience.

[Register Online](#)

Daring Circles: A Dare to Lead Learning Community for Courageous Leaders is a learning community for values-driven leaders.

- Alternate between small group workshops and 1x1 coaching.
- Eight Dare to Lead small group workshops to become Dare to Lead™ trained.
- Three 1x1 coaching sessions.

This virtual program

- Held on Tuesdays, 10:00-1:00 PM CST.
- It runs for 12 weeks from February through April.
- **Workshop Dates** 2/7, 2/14, 2/21, 3/7, 3/14, 3/21, 4/4, 4/11,
- **Coaching Dates** Weeks of 2/27, 3/27, 5/8

Investment

- Early bird: \$2100
- After December 15, 2022: \$2250

In addition to receiving a certificate of completion, individuals who complete the 24-hour program may put the Dare to Lead™ Trained badge on their LinkedIn account and resume. Participants will also qualify to become Dare to Lead Teams coordinators.

julieboll
CONSULTING

Dare to Lead™

Twenty years of research and 400,000 pieces of data tell us courage is observable, measurable, and teachable. There are four distinct skill sets of courage.

- **Vulnerability.** The willingness and ability to rumble with vulnerability is the foundational skill of courage-building. Without this core skill, the other three skill sets are impossible to put into practice.
- **Values.** Living into our values means that we do more than profess our values, we practice them. We walk our talk—we are clear about what we believe and hold important, and we take care that our intentions, words, thoughts, and behaviors align with those beliefs.
- **Trust.** Courageous leaders know how to build trust in their teams. Lack of trust has serious ramifications. If we really care about our organization's bottom line, we have to care about trust. In a research study conducted by Fortune, companies with high levels of trust “beat the average annualized returns of the S&P 500 by a factor of three.”
- **Learning to rise (resilience).** Our research shows that leaders who are trained in rising skills as part of a courage-building program are more likely to engage in courageous behaviors because they know how to get back up after taking risks and being brave. The Learning to Rise process involves learning from setbacks and disappointments and applying key learnings to future situations.

Facilitator

Daring Circles is designed and facilitated by **Julie Boll**, a Certified Dare to Lead Facilitator (CDTLF). As a Courage Catalyst in the Dare to Lead™ program, Julie focuses her work on helping nonprofits and education leaders live and lead courageously. Julie was trained in person by thought leader Dr. Brené Brown and is one of less than 400 facilitators worldwide.

Julie has more than 18 years of experience in the nonprofit sector, serving in marketing, public relations, and grant development roles. She is also a certified McNellis Compression Planning® facilitator. Julie received the Grants Professional Certified (GPC) credential in 2015 and became a GPA Approved trainer in 2018. Julie holds a Bachelor's Degree in Public Relations and a Master's Degree in Education, both from Quincy University.

About *Brené Brown

Brené is a research professor at the University of Houston where she holds the Huffington Foundation – Brené Brown Endowed Chair at The Graduate College of Social Work. She has spent the past two decades studying courage, vulnerability, shame, and empathy, and most recently completed a seven-year study on courageous leadership. She is the author of six #1 New York Times bestsellers: *The Gifts of Imperfection*, *Daring Greatly*, *Rising Strong*, *Braving the Wilderness*, *Dare to Lead*, which also debuted at #1 on *The Wall Street Journal* and *Publisher's Weekly* list, and *Atlas of the Heart*. The most significant finding from Brené's latest research is that courage is a collection of four skill sets that are teachable, measurable, and observable.

**Brene will not be in this workshop.*

