## SOLOPRENUER STRATEGIC PLANNING



An easy-to-implement annual review process designed to help you create the life and business you want.



#### SOLOPRENUER STRATEGIC PLANNING

## **FRAMEWORK**





### **Assess**

We can't design a path forward without first pausing to look back over our year and remember, reflect, and then learn from our experiences.



#### **Take Inventory**

Look back over the year and reflect on major moments, milestones, and memories.



#### Reflect

What stands out to you when you look at the major milestones, moments, and memories?



#### Learn

What's the most important lesson you learned this year and how do you want to use it moving forward?

# Year in Review

## TIPS FOR SUCCESS

#### Plan for it.

Block out three, 2-hour slots on your calendar to walk through the entire process. Time between sessions is helpful to tease out new thoughts and insights. Be sure to find a comfortable place to work, free of distractions, for the duration of your session.

#### Commit.

View this as an investment in yourself and your future. These six hours will shape your year moving forward and significantly reduce decision-making fatigue. Gaining clarity on what matters to you and where you're going is productive and strategic, yet it's tempting to put it on the back burner.

#### Come prepared.

I encourage you to get a notebook and write the questions down as you go. You can summarize later in a digital file, but the physical act of writing requires you to organize your thoughts in a way that can be helpful for reflection.

#### Release expectations.

Not all of these questions will feel relevant to you. Give yourself permission to select and respond to only the ones that resonate - and leave the rest.

# Year in Review





### **PROCESS**

#### Take inventory

Go back through your calendar and write down the major moments, milestones, and memories that happened each quarter, both personally and professionally.

- January March
- April June
- July September
- October December

#### Reflect on your success and growth

- What am I most proud of personally and professionally?
- What new skills or habits did I develop?
- Where did I feel most whole?
- What were the biggest obstacles I overcame?
- How am I different?

#### **Process your learning**

What did I discover that I want more of next year?

## Follow me

For more tips on how to own your talent and charge what you're worth, build a business you love, and take strategic and courageous action to reach your goals.





